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Lesson 1 (Silent b)

Monday	
lamb	The sheep has a baby lamb in the field.
numb	My fingers are numb with the cold.
bomb	There was a bang when the bomb exploded.
thumb	I had to put a plaster on my thumb.

Tuesday	
debt	Pat had to pay his debt to the bank.
debts	We paid off all our holiday debts.
doubt	I doubt that Mary really won the lotto.
doubts	I have my doubts about that story.

Wednesday	
crumb	Andrew fed the bread crumb to the sparrow.
dumb	If you are dumb you cannot talk.
dumber	That was a dumber move than your last one.
tomb	The king's body was laid in a tomb.

Thursday	
plumber	When will the plumber arrive?
climb	I can climb these monkey bars.
climber	Baby Colin is a great climber!
climbed	He climbed right to the top of the counter.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 2 (Silent c)

Monday	
scene	The police arrived at the scene of the crime.
scenes	There were six scenes in the play.
scenery	The mountain scenery was delightful.
scissors	I cut the plaster with the scissors.

Tuesday	
scent	There is a pleasant scent from that perfume.
scents	Pam tried the scents of three perfumes.
scented	Mum put a scented candle in the living room.
sceptre	The king held his sceptre in his right hand.

Wednesday	
ascend	The old man struggled to ascend the steps.
ascends	Tom ascends the ladder to reach the roof.
ascended	Bill ascended the stairs to the first floor.
crescent	There is a crescent moon in the sky tonight.

Thursday	
descend	Did Thomas descend from the roof?
descends	The judge descends from his chair at tea time
descended	Has Baby Colin descended from the chair?
science	We had a science lesson after lunch.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 3 (Silent g)

Monday	
sign	The plumber put a sign on the toilet door.
signs	What are the signs of Spring?
signed	I signed my name at the bottom of the form.
signing	Paul is signing the letter now.

Tuesday	
gnaw	Rex began to gnaw the bone.
gnaws	He gnaws every bone he gets.
gnawed	He gnawed for ages yesterday.
gnawing	He likes gnawing big bones.

Wednesday	
gnome	Paula put a garden gnome beside the shrub.
gnomes	She has three gnomes in her garden.
gnash	Spot began to gnash his teeth.
gnashed	He gnashed and gnashed.

Thursday	
design	Robert drew up a design for the new house.
designs	He designs houses all the time.
resign	I think he will never resign from his job.
resigns	If he resigns I will be surprised.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 4 (Silent h)

Monday	
hour	Rex gnawed a bone for an hour today.
hours	How many hours does it take to get to Cork?
hourly	The chicks are checked hourly.
rhubarb	Bill likes rhubarb tart with ice-cream.

Tuesday	
ghost	I saw a ghost an hour ago.
ghosts	Tom saw three ghosts ascending the steps.
honest	Pat did not steal the gnome as he is honest.
honestly	Are you honestly saying the gnome was taken?

Wednesday	
rhyme	What word would rhyme with 'thumb'?
rhymes	'Crumb' rhymes with 'thumb'.
rhythm	I danced to the rhythm of the song.
rhythms	We played lots of rhythms on the new drums.

Thursday	
exhibit	We can exhibit this fossil on the middle shelf.
exhibits	We have lots of exhibits on the middle shelf.
exhaust	Is that black smoke from the car exhaust?
exhausts	All this work exhausts me.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 5 (Silent k)

Monday	
knot	There is a knot in this thread.
knit	Jan likes to knit with the yellow wool.
knob	Tom painted the door knob.
knock	Is that a knock on the front door?

Tuesday	
know	I know how to do this sum.
known	The secret is known by Tom and Sam.
knowledge	Who has knowledge of what happened?
knew	I knew the way to the plumber's house.

Wednesday	
knee	I knocked my knee on the sign post.
kneel	It is sore to kneel down.
kneeled	I kneeled down all the same.
kneeler	I kneeled down on the kneeeler.

Thursday	
knuckle	I knocked on the door with my knuckle.
knight	The knight knew how to knock down the tree.
knack	There is a knack to knitting.
knife	There is a knife and a scissors in the press.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 6 (Silent t)

Monday	
listen	I like to listen to music.
listens	Kim listens to music at bed time.
listened	Tom listened to the birds singing.
listening	Mary is listening for a knock on the door.

Tuesday	
often	I often tie a knot in my laces.
whistle	When I whistle Rex stops gnawing the bone.
thistle	There is a thistle growing beside the rhubarb.
bristles	I knew you got a brush with short bristles.

Wednesday	
castle	The bomb knocked down the castle.
fasten	I know how to fasten the buttons on my coat.
glisten	The dew began to glisten in the sunshine.
moisten	Pam put in extra milk to moisten the mixture.

Thursday	
wrestle	Pat knows how to wrestle.
wrestles	He often wrestles.
wrestled	He even wrestled in the castle.
wrestler	He is a strong wrestler.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 7 (Silent l)

Monday	
calf	The cow and the calf are under the oak tree.
calves	The baby calves know how to kneel.
half	Pat had half a peach.
halves	There are two halves in a unit.

Tuesday	
calm	I stayed calm when I saw the ghost.
palm	The wrestler hurt his knuckle and his palm.
folk	I listened to some folk music.
yolk	Molly put the egg yolk in the cake mixture.

Wednesday	
stalk	There was ladybird on the corn stalk.
stalks	She cut the stalks with a sharp knife.
chalk	I drew my design with chalk.
chalks	The chalks are in the box beside the whistle.

Thursday	
talk	Did the knight talk to the princess?
talking	Mary was talking and knitting.
walk	I will go for a walk to the castle.
walking	When I am walking I will admire the scenery.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 8 (Silent w/p/n/u)

Monday	
write	I will write my name on the sign.
wrist	The wrestler has a sore wrist.
wrap	I will wrap the present in pink wrapping paper.
answer	I know the answer to this.

Tuesday	
cupboard	I left the comb in the cupboard.
raspberry	I had raspberry tart and cream.
receipt	I kept the receipt for the debt.
receipts	I keep all my receipts in a file.

Wednesday	
hymn	I listened to the hymn in church.
column	I put all the numbers in a column.
condemn	Did the judge condemn the prowler to prison?
Autumn	The corn stalks are cut in Autumn.

Thursday	
build	We will build the house from the design plans.
guess	I will guess the answer to the sum.
guard	The guard was guarding the exhibits.
biscuit	Pat ate a ginger nut biscuit.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 9 (ph says \f\ as in phone)

Monday	
phone	I will phone the guards about the prowler.
phones	Mobile phones are very useful.
phoned	Paul phoned Pat about the missing receipt.
telephone	The telephone is on the cupboard.

Tuesday	
phase	Baby Colin is in a wrestling phase.
phrase	What is the next phrase of the song?
photo	I showed the photo of the castle to my guest.
photos	I took Autumn photos with my mobile phone.

Wednesday	
trophy	I knew we would win the trophy!
triumph	It is a great triumph for us to win this trophy.
alphabet	I doubt if Baby Colin can say the alphabet yet.
nephew	My nephew climbed until he was exhausted.

Thursday	
physics	Physics is part of science.
physical	It was a very physical hurling game.
physically	I am physically tired.
pharmacy	I left the receipt at the pharmacy.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 10 (Suffix -ly)

Monday	
lately	Did Mary visit the dentist lately?
badly	The design was badly drawn.
wisely	Pat knows how to spend his money wisely.
lonely	Tom was lonely until he made a friend.

Tuesday	
mostly	The children in Tim's class are mostly boys.
lively	Baby Colin is a lively child.
safely	The children crossed the road safely.
quickly	David ran home quickly and ate his dinner.

Wednesday	
nicely	Pam dressed nicely for her visit to the castle.
nearly	It was nearly ten o'clock when she arrived.
swiftly	She walked swiftly to get there on time.
slowly	She bowed slowly before the queen.

Thursday	
hardly	There are hardly any bristles on this brush.
gladly	I gladly help the old man to ascend the steps.
sadly	The lonely man walked home sadly.
rarely	Baby Colin is rarely safely in his cot.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 11 (Suffix -ful)

Monday	
helpful	Tom is a very helpful plumber.
careful	I was careful with the scissors.
painful	The wrestler's wrist was very painful.
faithful	Jan is very faithful to Mass.

Tuesday	
peaceful	It is very peaceful in the garden.
joyful	The joyful crowd cheered on the winning team.
useful	This sharp knife is very useful I guess.
skillful	The skillful team won the trophy.

Wednesday	
cheerful	Mary is a cheerful person.
hateful	She is never hateful.
spiteful	She is never hateful or spiteful.
playful	She is playful and joyful.

Thursday	
graceful	The graceful dancer is on stage now.
hopeful	I am hopeful that I will win the lotto.
thankful	I will be very thankful when I win the lotto.
wonderful	It will be wonderful to pay my debts.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 12 (Suffix -fully)

Monday	
skillfully	The football player skillfully scored a goal.
truthfully	Tell me truthfully, did you take the scissors?
peacefully	The cat purred peacefully beside the fire.
gracefully	The little child danced gracefully at the show.

Tuesday	
spitefully	Did Pat spitefully smash Mum's best dish?
hopefully	Hopefully not!
carefully	I crossed the road carefully at the lights.
thankfully	Thankfully Baby Colin is fast asleep.

Wednesday	
cheerfully	The children played cheerfully in the yard.
joyfully	The children joyfully opened the presents.
sorrowfully	Tom looked sorrowfully at his broken bike.
playfully	The lambs skipped playfully in the field.

Thursday	
respectfully	I kneeled down respectfully in the church.
painfully	I twisted my wrist painfully.
hopefully	Hopefully it is not broken.
tunefully	He played the flute tunefully.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 13 (Suffix -ness)

Monday	
kindness	The guard showed great kindness to Dave.
illness	Mary will soon be over that awful illness.
brightness	I was dazzled by the brightness of the ghost.
shyness	Tom knows he is over his shyness now.

Tuesday	
goodness	This raspberry milkshake is full of goodness.
weakness	I was surprised by the weakness of the team.
gladness	I was overcome with gladness when I saw Joe.
soreness	The soreness of this cut is annoying.

Wednesday	
sickness	Tom's sickness is wearing him down.
sadness	There was great sadness at funeral.
darkness	I turned on the light when darkness fell.
stillness	I was amazed at the stillness of the night.

Thursday	
blindness	That old lady suffers from blindness.
deafness	Tom got a cure for his deafness.
lameness	Pat's lameness is getting better.
lightness	I was surprised at the lightness of the case.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 14 (Suffix -tion says \shun\, 2 syllable words)

Monday	
action	The children are full of action in the gym.
section	I liked the last section of the science lesson.
auction	Did Pat buy a house at the auction.
station	The guard was on duty at the train station.

Tuesday	
fiction	I like to make up fiction stories.
non-fiction	Non-fiction stories are fact-based.
nation	I am a member of the Irish nation.
mention	Did I mention how useful the scissors was?

Wednesday	
lotion	I carefully put on the sun tan lotion.
fraction	Hopefully I worked out this fraction sum.
caution	Caution is needed when crossing the road.
option	I had to skillfully figure out the best option.

Thursday	
portion	Tim thankfully ate his portion of chips.
motion	I watched the goal in slow motion.
junction	I turned left at the last junction.
function	What is the function of this software?

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 15 (Suffix -tion says \shun\, 3 syllable words)

Monday	
collection	Pat faithfully minds his stamp collection.
vacation	Tim went to Spain on vacation.
emotion	I was full of joyful emotion at the wedding.
perfection	The artist paints to perfection.

Tuesday	
prevention	Mum says, 'Prevention is better than cure'.
election	Tom voted in the election.
attention	A guard stood to attention at the castle gate.
affection	Pat shows affection when he hugs Mum.

Wednesday	
invention	I think the computer is a great invention.
reduction	I got a reduction on the coat in the sale.
reflection	I saw my reflection in the mirror.
description	I gave the guard a description of the prowler.

Thursday	
addition	I cheerfully do addition sums.
subtraction	I carefully do subtraction sums.
relation	Mary is a relation of mine.
intention	I have every intention of going to bed on time.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 16 (Suffix -tion says \shun\, 4 syllable words)

Monday	
concentration	I need good concentration to learn my tables.
satisfaction	I washed the dishes to Mum's satisfaction.
transportation	We have no transportation to the match.
explanation	Is there an explanation as to why he is crying?

Tuesday	
contribution	I gave a contribution to the children in Africa.
situation	Pat found himself in a tricky situation.
information	Where is the information on the castle?
exportation	The cows are on the ship for exportation.

Wednesday	
decoration	I put a decoration on the Christmas tree.
conversation	Molly and Kim had a long conversation.
congregation	The congregation gathered in the church.
observation	Bird watching calls for careful observation.

Thursday	
education	I am in school to get an education.
exhibition	There was wonderful art in the exhibition.
presentation	Mark made a useful presentation to his boss.
preparation	There was a lot of preparation to be done.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 17 (Suffix -sion says \shun\)

Monday	
mansion	When I win the lotto I will buy a mansion.
tension	There was a lot of tension before the match.
pension	When I retire I will get a pension.
vision	Pat is getting his vision tested.

Tuesday	
confusion	There was much confusion about who was right
explosion	The bomb caused a loud explosion.
conclusion	The conclusion comes at the end.
revision	I did lots of revision for the test.

Wednesday	
decision	I made a careful decision.
occasion	The wedding was a lovely occasion.
television	I watched the graceful dancer on television.
transfusion	The sick lady needed a blood transfusion.

Thursday	
division	I know my division tables.
extension	Tim is designing an extension to the kitchen.
mission	The spy was sent on a secret mission.
confession	I made my First Confession in second class.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 18 (Suffix -sion says \shun\)

Monday	
possession	My new hurl is my prize possession.
procession	The priest walked in a procession.
permission	May I have permission to leave please?
discussion	We had a great discussion about the match.

Tuesday	
expression	Mary reads with great expression.
progression	There is good progression in this maths book.
admission	There is free admission to the concert.
omission	I was left out of the team-such an omission!

Wednesday	
impression	Pat made a good impression in his new school.
depression	The bad weather led to great depression.
concussion	I suffered concussion when my head was hit.
profession	What is Dave's profession?

Thursday	
aggression	Do not let aggression get the better of you.
obsession	Bill has an obsession with rap music.
passion	Mary has a passion for dancing.
compassion	Sam had compassion for the sick little bird.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 19 (Suffix -cian says \shun\)

Monday	
magician	Paul is a wonderful magician.
magicians	There were two magicians at the party.
politician	The politician was calling on the phone.
politicians	We voted for politicians in the election.

Tuesday	
optician	The optician checked my eyes.
opticians	There are three opticians in the town.
electrician	The electrician fixed the heating timer.
electricians	A team of electricians worked on the cable.

Wednesday	
physician	A physician is another name for a doctor.
physicians	There are two physicians working here.
musician	The musician played peaceful music.
musicians	A band of musicians played at the concert.

Thursday	
technician	The technician fixed the computer.
technicians	Two technicians worked on the sound.
mathematician	Einstein was a great mathematician.
mathematician s	We have lots of mathematicians in our school.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 20 (Suffix -age says \ij\)

Monday	
manage	I can manage to carry this bag myself.
savage	There is a savage dog guarding the mansion.
garage	Pat put the lawnmower in the garage.
message	I went on a message for my teacher.

Tuesday	
damage	The storm caused frightful damage.
postage	How much is postage for this parcel please?
cottage	Pat bought the cottage at the auction.
passage	I went down a narrow passage to the cave.

Wednesday	
cabbage	We had cabbage and bacon for dinner.
voyage	The ship set sail on a voyage to Africa.
luggage	The helpful porter took my luggage in.
image	Paul is the image of Pat.

Thursday	
village	There is a train station in the village.
shortage	There was no shortage of sweets at the party.
bandage	I put a bandage on my sore wrist.
package	The cheerful postman left in a package.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 21 (Suffix -ic says \ik\)

Monday	
picnic	There was a picnic in the park.
comic	Tom enjoyed reading the funny comic.
music	I played joyful music on my CD player.
plastic	My CD player has a plastic lid.

Tuesday	
clinic	Sally got her sight checked at the clinic.
garlic	There is garlic on this pizza.
public	The exhibition is open to the public.
traffic	The guard was directing traffic.

Wednesday	
panic	Did Frank panic when the lights went out?
tonic	I took a tonic after that awful illness.
electric	Dan has a new electric lawnmower.
magic	Tim can do a wonderful magic trick.

Thursday	
mechanic	Tom is training to be a mechanic.
historic	We went on a visit to the historic castle.
athletic	Pat is very athletic and he just won a trophy.
pathetic	The little lost puppy looked pathetic.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 22 (Suffix -less)

Monday	
harmless	That small insect is harmless.
lifeless	That fly looks lifeless.
helpless	A newborn baby is helpless.
useless	The brush without bristles was useless.

Tuesday	
careless	Was Pat careless with his homework?
endless	This job seems endless.
priceless	The picture in the exhibition was priceless.
fearless	The wrestler was fearless.

Wednesday	
speechless	I was speechless when I won the trophy.
restless	The baby was restless and did not sleep.
pointless	It is pointless asking Bill to wait.
thankless	No matter what I do for Sam he is thankless.

Thursday	
joyless	It was a joyless party until the children came.
painless	My visit to the dentist was painless.
hopeless	No need to feel hopeless, we will help you.
selfless	Dave helps everyone, he is selfless.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 23 (Suffix -ish)

Monday	
selfish	Pat is not selfish and he shares his wealth.
finish	I was first to the finish.
Irish	I am proud to be Irish.
English	My relations are English.

Tuesday	
polish	Tom likes to polish his sports car.
Polish	My new friend is Polish.
Scottish	Tim has a Scottish kilt.
Spanish	Jenny likes Spanish food.

Wednesday	
foolish	The pig was foolish to make a house of straw.
cherish	The mother will cherish her little baby.
childish	Mum put the childish book back on the shelf.
parish	The priest works hard in his parish.

Thursday	
greenish	The paint spot is greenish.
blackish	The storm clouds were blackish.
yellowish	The little flame was yellowish.
brownish	The shed door is brownish.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 24 (Suffix -et)

Monday	
pocket	I put the apple in my pocket.
blanket	The baby was wrapped in a blanket.
planet	I drew a picture of Planet Earth.
closet	I hung the dress in the closet.

Tuesday	
trumpet	Tom makes a loud sound with his trumpet.
basket	I put the basket of knitting in the cupboard.
market	There is a Farmer's market in our town.
supermarket	I do most of my shopping in the supermarket.

Wednesday	
bucket	The plumber put a bucket under the leak.
cricket	Cricket is an English game.
toilet	Did I hear the toilet flush?
rocket	I drew a rocket flying to Planet Earth.

Thursday	
velvet	The queen's cloak was made from velvet.
ticket	Here is my ticket to the concert.
carpet	There is a blackish stain on the carpet.
jacket	I hung my jacket in the closet.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday

Lesson 25 (Suffix -ture says \cher\)

Monday	
picture	Did you take a picture of the birthday boy?
future	I wonder what the future will bring.
capture	Did the hunter capture the deer?
nature	Jenny put a nest on the nature table.

Tuesday	
lecture	There is a nature lecture on in the parish hall.
torture	That job was torture!
culture	The French man visited to enjoy our culture.
creature	It is unfair to torture a helpless creature.

Wednesday	
sculpture	The artist made a priceless sculpture.
posture	The graceful dancer had lovely posture.
mixture	Mum added sugar to the mixture.
texture	The silk dress had a smooth texture.

Thursday	
structure	The sculpture was a steel structure.
gesture	A guard made a gesture for the traffic to go.
fracture	Pat has a leg fracture and is using a crutch.
puncture	The mechanic fixed the puncture.

Spelling Time Record Sheet

(Use the look, trace, cover, write and check method for each spelling and sentence)

Monday

Tuesday

Wednesday

Thursday
